



# INCLEMENT WEATHER POLICY

All games for all ages are played rain or shine. If a heavy rainfall occurs, the City of Mississauga may close the fields we play on. If fields are closed by the City of Mississauga, games will be cancelled and only rescheduled if part of a division (U13+) played their games. If fields are being closed, the City of Mississauga will provide notice to the Club by 4pm each day. The Club Administrators will post field status/closure information on the club website by 5pm.

In U5+ divisions, the game leader/referee decides the course of action in consultation with both coaches. Parents may of course at any time take any reasonable action they deem appropriate for the safety of their child.

## **In the Event of Lightning**

The safety of players, coaches, management, and spectators is the primary concern in any weather event that occurs during all matches sanctioned by Canada Soccer. By understanding and following the information below, the safety of everyone shall be greatly increased. Ultimately the match official has the final say over delaying or restarting a match due to weather. Waiting to stop play or not waiting to start play may result in a serious injury or loss of life.

For thunderstorms, we will strictly observe the 30/30 rule. If the “flash to bang” is less than 30 seconds, play will be suspended for 30 minutes timed from the last flash observation. If the game can then not be completed within the available daylight, the game will be considered complete if play had already commenced in the second half.

[Canada Soccer Lightning Policy \(Updated July 11, 2017\)](#)

## **Heat Related Injuries**

There are some simple guidelines which have been prepared by the American College of Sports Medicine (ACSM) when it comes to running activities in a hot and/or humid environment. The goal in participating in hot weather is to avoid fluid loss from the body or dehydration. Educating athletes, coaches and officials is key to identifying and preventing these injuries from occurring.

[Read about preventing and identifying heat related injuries](#)